

Information for customers who are nursing or traveling with formula and other baby items

Formula, breast milk, toddler drinks, and baby/toddler food (to include puree pouches) in quantities greater than 3.4 ounces or 100 milliliters are allowed in carry-on baggage. For more information about traveling with formula and baby items, visit the Transportation Security Administration [website](#).

We welcome nursing customers who wish to breastfeed onboard. Baggage containing a breast pump and/or breast milk may be brought onboard in addition to the standard free personal item.

Many airports have nursing spaces with a table, bench, and outlets to make breastfeeding easier. Check the airport's website to locate these spaces.

A few things to know about traveling with lap infants:

- Infants can travel for free, sitting on your lap from seven days old up to his/her second birthday. *Please Note: A birth certificate may be requested for age verification purposes if the infants' age appears questionable.*
- Lap children may not sit in any seat that has an airbag seat belt installed, which includes row 1 on most aircrafts.
- Two adults with two lap children cannot sit in the same side of a row because there are only four oxygen masks per every three seats.
- Only one child is allowed per adult lap. If you are traveling with two infants and you are the only adult in your party, you will need to purchase a ticket for them and have an approved car seat for the second child.
- If you bring a car seat for your infant, make sure your car seat is approved by the FAA. Look for the label on it that states, "This restraint device is approved for motor vehicle and aircraft use." Use of the FAA-approved AMSafe Aviation C.A.R.E.S. child harness device is also allowed.

For more information about traveling with infants and children, visit our [Families page](#).